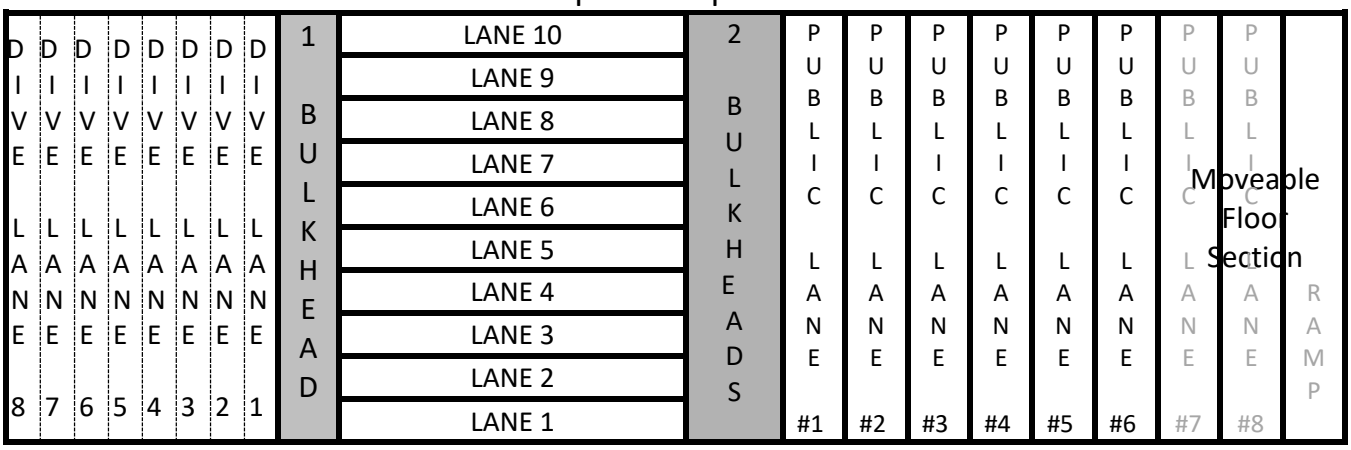
Monday, April 1, 2024

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-7:15 am = Dive lanes 1-6
	7:15 am-9 am = Dive lanes 1-5
Intermediate class:	12 pm-1 pm = Lanes 9-10
Hope Fitness:	3:30 pm-9 pm = Public lane #6
L.I. Aquatic Club:	4:30 pm-8 pm = Lanes 1-10
Level 4 lesson:	5 pm-5:45 pm = Public lane 1
Lifeguard class:	6 pm-9 pm = Dive lanes 7-8 (under platform only after 7p)
Level 5 lesson:	6:15 pm-7 pm = Public lane 1
St. Bernard's CYO:	6:15 pm-7 pm = Dive lanes 1-6
	7 pm-7:45 pm = Dive lanes 1-5
Long Island Diving:	7 pm-9 pm = 1 & 3 meter dive boards (dive lanes 6-8)
Total Masters:	7:45 pm-8:45 pm = Dive lanes 1-4



Public/Member swim lane availability:

6 am-7:15 am =	**18 lanes available** (Lanes 1-10, DL 7-8 & 6 public lanes available)
7:15 am-9 am =	**19 lanes available** (Lanes 1-10, DL 6-8 & 6 public lanes available)
9 am-12 pm =	**24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
12 pm-1 pm =	**22 lanes available** (Lanes 1-8, DL 1-8 & 6 public lanes available)
1 pm-3:30 pm =	**24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
3:30 pm-4:30 pm =	**23 lanes available** (Lanes 1-10, DL 1-8 & public lanes 1-5 available)
4:30 pm-5 pm =	**13 lanes available** (Dive lanes 1-8 & public lanes 1-5 available)
5 pm-5:45 pm =	**12 lanes available** (Dive lanes 1-8 & public lanes 2-5 available)
5:45 pm-6 pm =	**13 lanes available** (Dive lanes 1-8 & public lanes 1-5 available)
6 pm-6:15 pm =	**11 lanes available** (Dive lanes 1-6 & public lanes 1-5 available)
6:15 pm-7 pm =	**4 lanes available** (Public lanes 2-5 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

7 pm-7:45 pm =	**7 lanes available** (Public lanes 1-5, 7-8 available)
7:45 pm-8 pm =	**8 lanes available** (Dive lane 5 & public lanes 1-5, 7-8 available)
8 pm-8:45 pm =	**18 lanes available** (Lanes 1-10, Dive lane 5 & public lanes 1-5, 7-8 available)
8:45 pm-9 pm =	**22 lanes available** (Lanes 1-10, DL 1-5 & public lanes 1-5, 7-8 available)

All times, availability and lane assignments are subject to change.