





NASSAU COUNTY

CERT Monthly Newsletter

MARCH 2022

CERT IS WHAT YOU







COUNTY,
STATE,
&
FEDERAL
ONE TEAM

Dear Members,

As we all think and hope that Winter is behind us and Spring is around the corner, we must not forget that March and even into April can bring us snow, heavy rains, flooding and freezing temperatures. March is Severe Weather Awareness month. Know what hazards could affect your area, how to get emergency alerts, and where you would go if you and your family need to evacuate. Make sure your family has a plan and practices it often.

A new CERT Basic class will begin on Wednesday, March 9th. The classes will be held at the Office of Emergency Management. We ask your help in recruiting new members. If you know anyone who may be interested, please refer them to us via oemcert@nassaucountyny.gov.

Also. All members are welcome to attend any or all class for a refresher or to assist.

On Wednesday, March 2nd CERT Division 1 will be holding its quarterly meeting. The meeting will be at the OEM Lecture Hall, doors open at 7:00pm with the meeting scheduled for 7:30pm. All members are welcome to attend

If you have any type of training you'd like to suggest, that reinforces our skills as CERT's, please contact us.

Best regards

Bob, Rick & Paul



Time to Change the Clocks

Daylight Saving Time begins every year on the second Sunday in March. We "lose" an hour when the clocks are set forward (except in Hawaii and most of Arizona), and for many, that means a tired couple of days as our bodies adjust.

The consequences of fatigue can be serious, so plan accordingly.

Daylight Saving Time, which in 2022 began Sunday, March



Smoke Alarms

<u>Three out of every five home fire deaths</u> result from fires in homes with no smoke alarms, according to the National Fire Protection Association. Test your smoke alarms every month and <u>replace the battery at least once a year</u>. If the alarm makes a "chirping" sound, replace the battery immediately.

Smoke alarms should be in every bedroom and in the common areas on each floor of a home. Mount them at least 10 feet from the stove to reduce false alarms, less than 12 inches from the ceiling and away from windows, doors and ducts.

Smoke alarms can be interconnected wirelessly. That means, when one sounds, they all sound. A <u>Consumer Product Safety Commission</u> survey found this is the best way to notify everyone in a home if there is a fire.

Carbon Monoxide Detectors

Anything that burns fuel can potentially become a source of carbon monoxide, an invisible, odorless gas that can kill. CO alarms should be installed in a central location outside each bedroom and on every level of the home. The <u>safety tips for CO detectors</u> mirror those of smoke alarms: change the batteries, test them and interconnect them, if possible. Also, make sure vents for your gas appliances (fireplace, dryer, stove and furnace) are free and clear of snow or debris.

Family Emergency Plan

The National Safety Council recommends every family have an emergency plan in place in the event of a natural disaster or other catastrophic event. Spring is a great time to review that plan with family members. Have a <a href="https://example.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.com/home.co

- A communications plan to outline how your family members will contact one another and where to meet
 if it's safe to go outside
- A shelter-in-place plan if outside air is contaminated; FEMA recommends sealing windows, doors and air vents with plastic sheeting

Get Rid of Unwanted Medicines

NSC recommends you take unwanted or expired medicines to a prescription drop box or take-back event near you. NSC offers free <u>Stericycle Seal & Send envelopes</u>, so you can send your unwanted medication to be safely destroyed.

Getting the Urge to Clean?

With the warm weather comes a desire to shine and polish your home. But when warning labels are ignored or chemicals fall into the wrong hands, disaster can occur. Learn what you can do to keep you family safe around poisons in the home.



Window Safety

With warmer temperatures arriving, it's important to practice window safety – especially in homes with young children. Find more information about <u>window safety</u>.









We have a class beginning on Wednesday March 9th, 2022 at: Office of Emergency Management 510 Grumman Road West Bethpage, Ny 11714

Day / Date	Topic		Location
Wednesday, March 09, 2022	Introduction / What is CERT	1	OEM
Wednesday, March 16, 2022	Fire Safety / Portable Radio Fundamentals	2	OEM
Wednesday, March 23, 2022	Disaster Medical Operations	3	OEM
Wednesday, March 30, 2022	Light Search & Rescue Operations	4	OEM
Wednesday, April 06, 2022	Sheltering Operations	5	OEM
Wednesday, April 13, 2022	Emergency Operations Center / Warehouse	6	OEM
Wednesday, April 20, 2022	Disaster Psychology / Terrorism / Graduation	7	OEM







Radio Amateur Civil Emergency Services (RACES)



RACES / CERT Comms Group SITREP March 2022

RACES is now holding meetings on the first Thursday of the month.

The next meeting is Thursday, March 3

This will be a Zoom meeting.

Anyone wishing to attend can Join from any computer, tablet, or smartphone by entering: https://zoom.us/j/95928146234 in your browser.

Or, for audio only, you may dial by phone: 646-876-9923 and enter Meeting ID: $959\ 2814\ 6234\ \#$

Any questions you can contact us at nassaucountyny.races@gmail.com

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	Division 1 Meeting 7:30 pm	RACES Meeting 7:30pm	4	5
6	7	8	9 CERT Basic Class #1	10	11	12
DAYLIGHT SAVING BECINS TURN YOUR CLOCK FORWARD	14	15	CERT Basic Class # 2	St. Rancks	18	19
20	21	22	CERT Basic Class # 3	24	25	26
27	28	29	CERT Basic Class # 4	31		

Important CERT Dates

CERT Division 1 Meeting

March 2 Time 7:30 pm

RACES Meeting

March 3 Time: 7:30 pm



April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					APFIL © © POPULATION OF THE PO	2
3	4	5	6 CERT Basic Class #5	7 RACES Meeting 7:30pm	8	9
10	11	12	CERT Basic Class # 6	14	15	Happy Passover
Easter	18	19	CERT Basic Class # 7	21	22	23
24	25	26	27	28	29	30

Important CERT Dates

RACES Meeting

April 7

Time: 7:30 pm

CERT Basic Class

April 6,13 & 20 7:00 pm







Nassau County CERT Coordinator

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Division 1

Division Supervisor

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Division 2

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PLEASE HELP US RECRUIT NEW MEMBERS!!

Class beginning on Wednesday, March 09, 2022 at:

Office of Emergency Management

510 Grumman Road West

Bethpage, Ny 11714

All classes begin at 7:00 p.m.

OEMCERT@NASSAUCOUNTYNY.GOV

(Current CERT Members may attend any class as a refresher)