

Monday, September 28, 2020

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-9 am = Dive lanes 5-10
Navy Seal training:	9 am-10 am = Lanes 7-10
Hope Fitness:	3:30 pm-5 pm = Public lane #5
	5 pm-7 pm = Public lane #7
Long Island Diving:	5 pm-7 pm = 1 meter dive boards (dive lanes 7-10)
L.I. Aquatic Club:	5 pm-8:50 pm = Lanes 1-10
St. Anthony’s HS:	6 pm-7 pm = Dive lanes 1-4
St. Francis Prep HS:	7 pm-8:30 pm = Dive lanes 1-4

Dive Lane 10	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	P	P	P
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U
Dive Lane 8		LANE 8		B	B	B	B	B	B	B	B
Dive Lane 7		LANE 7		L	L	L	L	L	L	L	L
Dive Lane 6		LANE 6		I	I	I	I	I	I	I	I
Dive Lane 5		LANE 5		C	C	C	C	C	C	C	C
Dive Lane 4		LANE 4		L	L	L	L	L	L	L	L
Dive Lane 3		LANE 3		A	A	A	A	A	A	A	A
Dive Lane 2		LANE 2		N	N	N	N	N	N	N	N
Dive Lane 1		LANE 1		E	E	E	E	E	E	E	E
				#1	#2	#3	#4	#5	#6	#7	

Swim session times:

6a-7:30a:	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available) 38 max lap swimmers, 10 “adult walkers”; use of the “team” locker rooms only
7:30a-9a:	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available) 38 max lap swimmers, 10 “adult walkers”; use of the “public” locker rooms only
9a-10:45 am:	9-10a: 21 lanes available (Lanes 1-6, DL 1-10 & 5 public lanes avail.) 42 max lap swimmers, 10 “adult walkers”; team” locker rooms only 10-10:45a: 25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes avail.) 50 max lap swimmers, 10 “adult walkers”; team” locker rooms only
11a-12:45p:	25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “all ages walkers”; use of the “public” locker rooms only
1p-2:45p:	25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “all ages walkers”; use of the “team” locker rooms only
3p-4:45p:	24 lanes available (Lanes 1-10, DL 1-10 & public lanes 1-4 available) 48 max lap swimmers, 10 “all ages walkers”; use of the “public” locker rooms only

Note: lap swim only after 5 pm (2 extra lanes will be placed in the shallow section)

5p-6:45p:	5-6p: 12 lanes available (Dive lanes 1-6 & public lanes 1-6 avail.) 24 max lap swimmers, Lap swim only, No shallow area; 6-6:45p: 8 lanes available (Dive lanes 5-6 & public lanes 1-6 avail.) 16 max lap swimmers, Lap swim only, No shallow area use of the “team” locker rooms only.
7p-9p:	7-8:30p: 13 lanes available (Dive lanes 5-10 & 7 public lanes available) 26 max lap swimmers, Lap swim only, No shallow area 8:30-9p: 17 lanes available (Dive lanes 1-10 & 7 public lanes available) 34 max lap swimmers, Lap swim only, No shallow area use of the “public” locker rooms only.

Locker room closing times:

8a-8:45a:	The team locker rooms will be closed for cleaning
9:30a-10:45 am:	The public locker rooms will be closed for cleaning
11:15a-12:45p:	The team locker rooms will be closed for cleaning
1:15p-2:45p:	The public locker rooms will be closed for cleaning
3:15p-4:45p:	The team locker rooms will be closed for cleaning
5:15p-7p:	The public locker rooms will be closed for cleaning
7:30p-9p:	The team locker rooms will be closed for cleaning
	All locker rooms close at 9:20p

All times, availability and lane assignments are subject to change.