

CERT

NASSAU COUNTY

CERT Monthly Newsletter

JANUARY, 2019

Nassau County CERT Newsletter

Friends,

With 2018 in the books, it gives us an opportunity to reflect on the past year and to look forward to what lies ahead. It looks to be a busy year and we at the Office of Emergency Management will be anticipating your continued hard work.

As we see your efforts at the Marathon, the Air Show or at any event, it is evidence of the dedication and contributions that you make. You all work so hard with no expectation, other than the good feeling that it gives you. This is the meaning of community. This is the meaning of volunteerism. This is the meaning of teamwork. This what CERT is all about.

2019 should prove to be a busy year. With the normal events as well as the PGA tournament coming in April, we will be counting on the assistance of CERT to help carry us through. We are always here to help and to work together. I thank Bob and Paul for their leadership and guidance and to all CERT members for their continued assistance. Your efforts do not go unnoticed

Steven J. Morelli Commissioner Office of Emergency Management

<u>Main Office:</u> 516-573-9600

Email: oemcert@nassaucountyny.gov

> CERT IS WHAT YOU MAKE IT









COUNTY, STATE, & FEDERAL

ONE TEAM



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As we welcome in 2019 we wish to thank everyone for all the work, dedication and accomplishments during the year. We remember all those affected by the hurricanes, earthquakes and fires, also our family and love ones who are no longer with us. We will always keep them all in our thoughts and prayers.

We are now in the process of planning the next CERT basic course early in 2019. If anyone knows of a place or has any recommendations please forward the information. Also please spread the word as we would like to fill the class and grow the organization. If you know anyone who may be interested, please refer them to us via <u>oemcert@nassaucountyny.gov</u>.

We still have a few openings for the scheduled upcoming trainings. The first is Narcan Training January 8th. If you plan on attending you must register, see information Ion the flyer in this newsletter. Also if you register, please send an email to <u>oemcert@nassaucountyny.gov</u> for our attendance records. The next is Pet Disaster Shelter training which will be held on January 16th. Also if you plan on attending please send an email to : <u>oemcert@nassaucountyny.gov</u> for confirmation.

Both class will be held at the OEM Lecture Hall .

We would like to extend our best wish's to everyone and there families for a happy, healthy and safe 2019. Happy New Year!

Best Regards, Bob & Paul

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Make a Resolution for 2019

For 2019, make a resolution to be prepared.

The Resolve to be Ready Social Media toolkit offers practical preparedness tips individuals can practice each day leading up to the New Year, to prepare for emergencies. You can either use these messages directly or customize them to reach your audience via your social media channels.



- Make an emergency plan, choose a safe place to meet and establish an out-of-town contact. Learn evacuation routes.
- Take a current photo of you and your pet together in case you get separated during a disaster.
- Get to know your neighbor and invite them to be a part of your emergency plan.
- Snap photos of important documents and save them in a secure place or online.
- Set up group text lists so you can communicate with friends and family during emergencies.
- Take a class in CPR and first aid.
- Keep and update emergency supplies; remember to include cash.
- Have back-up power sources available to charge devices in case of a power outage.
- Snap some pictures of your property for insurance purposes.
- Check your insurance coverage for disasters like floods, hurricanes, and earthquakes.
- Sign up for alerts and warnings. Download the FEMA app to get real-time alerts, safety tips and locate open shelters.
- Save for a rainy day! Start and grow your emergency fund.
- Financially prepare for the New Year. Find out how with the Emergency Financial First Aid Kit.
- Spend within your means. Use a personal budgeting worksheet to help plan for holiday expenses and beyond.
- Build up your savings. Put a small amount in your account the first of every month beginning January 1.

Mobile App

Install the FEMA App, available for Apple and Android mobile devices.



Receive **real-time alerts** from the National Weather Service for up to five locations nationwide.

Learn **emergency safety tips** for over 20 types of disasters, including earthquakes, fires, hurricanes, tornadoes and more.

Locate open **emergency shelters** in your area and find **disaster recovery centers** where you can talk to FEMA in person.

→ Toggle between English and Spanish.

Keeping highways safe is something everyone can support.



People of all ages rely on highways to safely get where they're going. Speed limits and traffic signals are critical parts of keeping drivers and passengers free from harm, as are first responders who put their lives on the line every day. Vehicles traveling at highway speeds pose a deadly threat to police officers, firefighters and roadside technicians who have stopped to help motorists and must often work within just a few feet of speeding vehicles. Slow down, move over laws are aimed at keeping first responders safe at the roadside. The laws – versions of which exist in all 50 states – are simple to understand. Whenever approaching a vehicle with its emergency lights illuminated, drivers should exercise caution, slow down and, if possible, move over. Drivers can familiarize themselves with their states' specific move over laws by visiting the <u>AAA Digest of Motor</u> Laws.

NEW YORK STATE - MOVE OVER LAW

Drivers traveling in the same direction must exercise due care, include moving from a lane immediately adjacent, and reducing speed, to avoid colliding with a vehicle parked, stopped, or standing on the shoulder or any portion of the highway when the vehicle is an authorized emergency response, tow truck, or maintenance vehicle with its lights flashing.

"There is no way of overstating how important it is for drivers to do everything possible to keep first responders safe," said Lloyd Albert, senior vice president of public and government affairs for AAA Northeast. "By adhering to slow down, move over laws, motorists can ensure that all those who work so diligently to keep our roads safe can perform their jobs with the protection and peace of mind they deserve."

First responders do their part to protect us on the road. Let's return the favor and keep them safe by slowing down, and moving over.



Radio Amateur Civil Emergency Services (RACES)

On December 17th the Nassau County RACES and CERT Communications Group met for the final meeting of 2018. During the business portion of this meeting we handed out a few awards to some of our members. We also conducted a review of 2018 as well as a look forward to 2019.

After the business portion we turned our attention to a special training that was given by Tom Vaughn. The topic was very enlightening as well as timely. Tom shared "the Leadership Secrets of Santa Claus"!

Remember that HRU is coming right after the holidays! Saturday January 5th 2019 LIU Post Hillwood Commons Student Center 720 Northern Boulevard Brookville, NY 11548.

"A day of education to share ideas, experiences, knowledge and fellowship among Amateur Radio operators". For more information please go to http://hamradiouniversity.org/. If you attend HRU please stop by the Nassau County RACES Table and say hi!

We hope to see you there.

73

Bob Long KC2PSN



Radio Amateur Civil Emergency Services

(RACES)









RACES 2019 Trainings



Meeting Date	Training Topic	Individual Responsible		
January 28	ICS Forms	Michael Arcari	Bob Long	
February 25		Bob Jordan		
March 18	Leadership	Tom Vaughn		
April 15	Long Island Marathon Plan- ning Meeting	Bob Long	Michael Arcari	
May 20	Skywarn - Summer Reportable Criteria	Michael DeMita		
June 17	Interoperability	Michael Arcari		
July 15	Leadership	Tom Vaughn		
August 19	Psychological First Aid	Michael Arcari		
September 16	Preparedness Training	Michael Arcari		
October 21	Skywarn - Winter Reportable Criteria	Michael DeMita		
November 18	Table Top Exercise	Michael Arcari	Ton Vaughn	
December 16	Year End Review	Bob Long	Michael Arcari	

Other Training Topics	Physiological First Aid Safe Talk Team building / Leadership (2) Table Top of some kind Training on any new equipment we may get CERT Refresher (broken down to elements, or two months) Guest Speakers? Other Ideas

A special training for our Nassau County Medical Reserve Corps (MRC) and Community Emergency Response Team (CERT) volunteers!

Don't miss a chance to save a life!

Every day, at least one Long Islander dies from an opiate overdose!

LEARN HOW TO RECOGNIZE AND PREVENT AN OVERDOSE.

Receive a free Narcan kit.



Tuesday, January 8, 2019 6:30-8:30pm 510 Grumman Road West, Bethpage, NY 11714

Please note that Social Work & OASAS CE credits are available. "Nassau County OMHCDDS & MHA of Nassau County SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0083."

> PLEASE RSVP BY DECEMBER 21, 2018 to NCMRC@NASSAUCOUNTYNY.GOV or 516.227.9627









If you are interested in the Nassau County Overdose Prevention And Naloxone Training at any of the listed locations You must register at: https://forms.nassaucountyny.gov/agencies/CE/narcan/ontraining.php

Description:

Overdose prevention workshop with Naloxone/Narcan training. Learn to recognize an overdose and reverse it to save a life. And then, find out what to do next - treatment and recovery options.

Bethpage Senior Community Center—Refresher Class 103 Grumman Road West Bethpage, NY 11714 Wednesday, January 30, 2019 07:00 PM

Glen Cove Congregation Tifereth Israel 40 Hill Street Glen Cove, NY 11542 Monday, February 4, 2019 07:00 PM

Hicksville Public Library 169 Jerusalem Avenue Hicksville, NY 11801 Thursday, March 7, 2019 07:00 PM

Hempstead Lawrence Road Middle School 50 Lawrence Road Hempstead, NY 11550 Wednesday, March 13, 2019 07:00 PM

Lynbrook Temple Am Echad South Shore Reform Congregation 1 Saperstein Plaza Lynbrook, NY 11563 Wednesday, April 17, 2019 07:00 PM

January 2019 - Upcoming Events

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2019 Nappy Views!	2	3	4	5
7	8 Narcan Training 6:30pm	9	10	11	12
14	15	16 Pet Disaster Shelter Training 7pm	17 Officers Meeting 7:30 pm	18	19
Remembering DR MARTIN LUTHER KING, JR.	22 Division 2 Meeting 6:30pm	23	24	25	26
28 RACES Meeting 7:30 pm	29	30	31		
	7 7 14 28 RACES Meeting	Image: Non-State State Sta	Image: Normal stateImage: Normal state78Narcan Training 6:30pm91415161415161516Pet Disaster Shelter Training 7pm1622Division 2 Meeting 6:30pm23282930	Image: constraint of the second state of the secon	Image: constraint of the sector of

Important CERT Dates

Narcan Training

January 8th Nassau County OEM Lecture Hall Time: 6:30 pm

Pet Disaster Shelter Training

January 16th Nassau County OEM Lecture Hall Time: 7 pm

Officers Meeting

January 17th Nassau County OEM Lecture Hall Time: 7:30 pm

Division 2 Meeting

January 22nd Island Park Public Library Time: 6:30 pm

RACES Meeting

January 28th Nassau County OEM Lecture Hall Time: 7:30 pm



February 2019 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Groundhog Day
3	4	HAPPY HAPPY Chinese Chinese	6	7	8	9
10	11	12 Lincoln's Birthday (OEM Office Closed)	13	Happy, Valentines Day	15	16
17	18 Presidants' Day (OEM Office Closed)	19	20	21 Officers Meeting 7:30 pm	22	23
24	25 RACES Meeting 7:30 pm	26	27	28	1	2

Important CERT Dates

Officers Meeting

February 21st Nassau County OEM Lecture Hall Time: 7:30 pm

RACES Meeting

February 25th Nassau County OEM Lecture Hall Time: 7:30 pm



Nassau County CERT Coordinator

Bob Chiz

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CERT Deputy Director

Paul Shapiro

pshapiro@nassaucountyny.gov

CERT Section Chiefs

Paul Shapiro Operations

Logistics

o Jeffrey Sliva Planning

David Sobolow Admin/Finance

Division 1

Division Supervisor Bill Pavone nassaucertdiv1@yahoo.com

Division 2 Division Supervisor Judy Ryan nassaucertinfo@gmail.com Division 3 Division Supervisor Alex Gallego nassaucertdiv3@outlook.com

> Division 4 Division Supervisor Rich Zebrowski rzebrow312@aol.com

Division 5 - Campus <u>CERT</u>

Division Supervisor Stephanie Gobbo Stephanie.Gobbo@liu.edu

To Be Announced

PLEASE HELP US RECRUIT NEW MEMBERS!!

OEMCERT@NASSAUCOUNTYNY.GOV

(Current CERT Members may attend any class as a refresher)