

LAURA CURRAN
NASSAU COUNTY EXECUTIVE



ARNOLD W. DRUCKER
NASSAU COUNTY LEGISLATOR



NASSAU COUNTY BLOOD DRIVE

Don't Get Cold Feet

Donate and receive
your "lifesaver" socks



Donor Requirements:

- **Bring your blood donor card** or valid ID with photo or signature
- Age Requirements: 16–75 (16-year old need parental consent and 76 and older will need a doctor note)
- Minimum weight 110 lbs
- Eat well (low fat) & drink fluids before donating
- No tattoos for past 12 months

For questions concerning medical eligibility call 1-800-688-0900 www.nybc.org

MONDAY, JANUARY 6

10:00am-4:00pm

For further information please contact Karen Contino 516-571-2993

Theodore Roosevelt Executive & Legislative Building
Ceremonial Chamber • 1550 Franklin Avenue, Mineola

 **New York** Blood Center

www.nybc.org • 1-800-933 BLOOD

