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County Executive

*CERT All-Member  
Monthly*

Craig J. Craft  
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**SEPTEMBER 2015**

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**CERT IS  
WHAT  
YOU  
MAKE IT**

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***From the desk of the Director***

**Jim Kane**

Summer is coming to an end hope you all had an enjoyable summer with your families, I would like to thank all who have assisted in the Freeport class these past 7 weeks also to all who did the concert series at Eisenhower Park this summer.

Reminder to all the Westchester Drill is coming up on 9/26/15 if you are interested please contact your division leader so we can get you signed up and transportation will be provided by OEM.

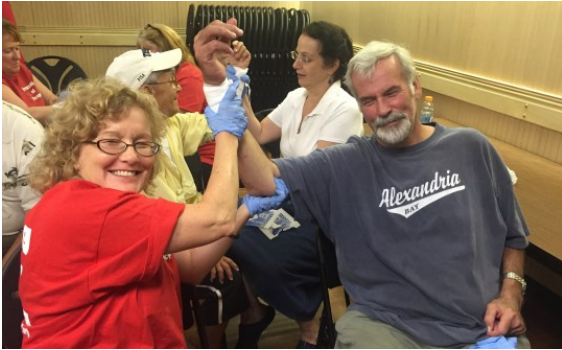
Lastly, I encourage all of you to participate in a National Preparedness event, as September is National Preparedness month; please try to attend either in person with us at CERT or online at Ready.gov. As you will see inside the issue, a national poll 10 years after Katrina, the populous feels we are no better prepared today then we were then. While I know this isn't true, I feel strongly that together we can change the incorrect perception to at the very least make Nassau County more prepared.

*- Jim*

## CERT BASIC CLASS



*First Aid night at our CERT Basic Class in Freeport. Director Jim Kane and Operations Chief Paul Shapiro demonstrate bandaging skills to the new members*



## CERT BASIC CLASS GRADUATION



Our newest CERT graduates, these men and women just graduated from our latest Basic Class in Freeport. Also pictured are Nassau County Legislator Steve Rhodes, Emergency Management Deputy Commissioner Ed Koronoa Jr., CERT Deputy Director Eric Zausner, CERT Division Leaders: Acheson Wilson, Judy Ryan and Bill Pavone.



# September 2015 - Upcoming Events

September 2015						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3 RACES Meeting OEM Lecture Hall 7:00PM	4	5
6	7 LABOR DAY 	8	9 Division 4 Meeting New Hyde Park Village Hall 7:30PM	10	11	12 Eisenhower Pk Concert Series
13	14 	15 	16	17 Division Leaders Meeting 7:00PM	18	19 Eisenhower Pk Concert Series 5:00pm & NHP Street Fair
20	21	22 Yom Kippur 	23 Yom Kippur 	24	25	26  CERT DRILL
 Street Fair	28	29	30			

## RACES/Comms Meeting - Thurs Sept 2nd

OEM Lecture Hall  
Time: 7:00 pm

## Division Leaders Meeting -

### Thurs Sept 17th

OEM Lecture Hall  
Time: 7:00 pm

## Westchester County CERT Drill

September 26th

## Order of the Sons of Italy Street Fair

Massapequa Park  
September 27, 11:00-6:00PM

## Division 4 Meeting

September 9 Marcus Christ Hall, New Hyde Park  
7:30pm

## New Hyde Park Street Fair

September 19th

## Lakeside Theatre Concert Series

Please look at the calendar above for the specific concerts which are highlighted by yellow boxes. We are looking again to have CERT volunteers hand out material prior to the start of the show and in exchange you will receive concert tickets in the VIP section for your efforts

**Remember CERT will start to take requests to be at each of these concerts for Outreach 5 days prior to each show.**

**All Concerts are for 7pm unless listed otherwise**





# October 2015 - Upcoming Events

October 2015						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1 RACES Meeting & Division 2 Meeting Island Park Library	2	3  Manorhaven Street Fair 11AM-5PM
4	5	6	7	8 CERT BASIC #1 CW Post	9	10
11	12 	13	14 	15 Division Leaders 7:30 PM & CERT BASIC #2 CW Post	16	17
18	19	20	21	22 CERT BASIC #3 CW Post	23	24
25	26	27	28	29 CERT BASIC #4 CW Post	30 	

## **RACES/Comms Meeting - October 1st**

OEM Lecture Hall Time: 7:00 pm

## **Division 2 Autumn Meeting**

Long Island Library 7:00PM

## **Manorhaven Street Fair**

October 3rd, 11:00am-5:00pm

## **Division Leaders Meeting - Thurs October 15th**

OEM Lecture Hall Time: 7:30 pm

## ***CERT Basic Class***

***Humanities Hall CW Post***

***Every Thursday in October Starting October 8th  
from 7pm-10pm***



## **Poll: 10 years after Hurricane Katrina, most say the nation is no better prepared**

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**Washington (CNN)**—Ten years after Hurricane Katrina struck the Gulf Coast, nearly half of Americans still think the country has not learned lessons from the tragedy and is not much better prepared for future natural disasters, [according to a new CNN/ORC poll](#).

The survey, released Friday, shows 51% of Americans said the U.S. is just as vulnerable as it was to Katrina-like emergencies as it was in August 2005. That's up from 48% saying so one year after the storm in a survey by CNN/USA Today/Gallup.

At least 1,833 people died in the hurricane and subsequent floods in what was determined to be the costliest natural disasters in U.S. history. Departments like the Federal Emergency Management Agency were widely criticized for what was seen as a slow response to Katrina at the time, with a bipartisan congressional investigation calling the government response a "national failure."

Looking at the two regions of the country that most frequently face hurricanes, residents of the Northeast, which has grappled with Superstorm Sandy and Hurricane Irene in recent years, mostly say the nation has not learned from Katrina and is just as vulnerable to natural disasters today, 55% say so, while among those in the South, parts of which saw damage from Hurricanes Ike in 2008 and Irene in 2011, most see the country as better prepared today, 54% said so.

Though Americans aren't singing the praises of the country's preparedness, some of the anger and sadness that they felt in the aftermath of the deaths and floods have faded, the new poll finds.

About 77% said they feel "sadness" when thinking about Katrina, its aftermath and the recovery effort since then. In a 2005 survey taken days after Katrina, 98% said they had experienced sadness. And only 39% say today they feel "anger," compared to 62% who said the same in 2005 in the storm's aftermath.

Non-whites remain more angry about Katrina than whites, 36% of whites were angry compared with 42% of all non-white Americans. And Democrats are more apt to say they feel angry now (50%) than independents (39%) or Republicans (26%).

Few see much positive in the aftermath of and recovery from Katrina, only 38% say they feel proud of that effort, 59% are not.

The CNN/ORC poll included telephone interviews with 1,001 Americans between August 13-16 and has a margin of sampling error of plus or minus 3 percentage points.

# ANATOMY OF A FIRST AID KIT

A well-stocked first aid kit is a handy thing to have. To be prepared for emergencies:

- Keep a first aid kit in your home and in your car.
- Carry a first aid kit with you or know where you can find one.
- Find out the location of first aid kits where you work.

First aid kits come in many shapes and sizes. You can purchase one from the [Red Cross Store](#) or your local American Red Cross chapter. Your local drug store may sell them. You can also make your own. Some kits are designed for specific activities, such as hiking, camping or boating.

Whether you buy a first aid kit or put one together, make sure it has all the items you may need:

- 
- Include any personal items such as medications and emergency phone numbers or other items your health-care provider may suggest.
- Check the kit regularly.

Make sure the flashlight batteries work.

Check expiration dates and replace any used or out-of-date contents.

The Red Cross recommends that all first aid kits for a family of four include the following:

- 
- 2 absorbent compress dressings (5 x 9 inches)
- 25 adhesive bandages (assorted sizes)
- 1 adhesive cloth tape (10 yards x 1 inch)
- 5 antibiotic ointment packets (approximately 1 gram)
- 5 antiseptic wipe packets
- 2 packets of aspirin (81 mg each)
- 1 blanket (space blanket)
- 1 breathing barrier (with one-way valve)
- 1 instant cold compress
- 2 pair of non-latex gloves (size: large)
- 2 hydrocortisone ointment packets (approximately 1 gram each)
- Scissors
- 1 roller bandage (3 inches wide)
- 1 roller bandage (4 inches wide)
- 5 sterile gauze pads (3 x 3 inches)
- 5 sterile gauze pads (4 x 4 inches)
- Oral thermometer (non-mercury/nonglass)
- 2 triangular bandages
- Tweezers
- First aid instruction booklet

# MANGANO ANNOUNCES EMERGENCY SHELTER FOR FIRST RESPONDER FAMILIES AT ISLAND TREES HIGH SCHOOL



LEVITTOWN, NY - Nassau County Executive Edward P. Mangano was joined today by Legislator Dennis Dunne and the Superintendent of Island Trees School District Dr. Charles Murphy in announcing plans to create an emergency shelter for families of first responders at Island Trees High School in Levittown.

County Executive Mangano stated, "The creation of this emergency shelter provides our first responders with peace of mind that loved ones are safe and secure while they protect impacted communities during tropical or winter storms, or other life threatening events. I thank County Legislator Dennis Dunne, the Island Trees Board of Education and Superintendent Dr. Charles Murphy for their enthusiastic cooperation in making this much needed shelter plan a reality."

The agreement between Nassau County and the Island Trees School District will enable families of first responders to be located at a safe central location during a declared emergency. This shelter only becomes operational once there is a declared emergency necessitating residential evacuations. Island Trees High School is an ideal shelter location as it is located in central Nassau County, away from vulnerable shorelines with excellent access to main roads and major thoroughfares.

"Island Trees is the perfect home for this emergency shelter," said Legislator Dunne. "Its' central Nassau location allows our hardworking policemen, firemen, AMTs and CERT volunteers the ability to do their jobs knowing that their families are safe and close by."

The 2015 Atlantic Hurricane Season began on June 1<sup>st</sup>, with a peak season from mid-August to late October. Nassau County residents know all too well the threats posed by Hurricane Season. Now is the time to prepare. Many resources are available for residents, including the free NassauNow mobile app for smartphones and tablets. Nassau County reminds residents to:

Create and/or update your **Family Emergency Plan**.

Develop a **Family & Friends Sheltering Plan** in the event they are asked to evacuate their home.

Familiarize yourself with **Evacuation Routes** from **Coastal Evacuation Areas**.

Assemble an **Emergency Go-Kit**, keep it by their front door in a duffel bag and include enough supplies for everyone in the household for 7 days.

Safeguard your pets by preparing a **Pet Go-Kit**.

For more information, please visit the Nassau County Office of Emergency Management (OEM) at <http://www.nassaucountyny.gov/OEM>.

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# The Word on Resilience

## THE MEANING HAS EVOLVED, BUT THE ACTIONS NEED TO EVOLVE AS WELL

I was recently on a flight to Florida and had the opportunity to read an interesting article in *Governing* magazine. Titled [\*The Word on Infrastructure\*](#), the story focused on the relative newness of the term “infrastructure” and traced its evolution, explaining how it has become much more prevalent in both industry and society over the past 35 years.

The article got me thinking about the word “resilience” and how we, in the emergency preparedness realm, have seen a significant uptick in the term, its utilization and even its inclusion in grant guidance. I dare say that even as recently as 10 years ago, we would not have seen the coordinated effort of the Rockefeller Foundation to name the top 100 most resilient cities and fund these cities’ resilience efforts, including the hiring of a chief resilience officer (CRO), for a two-year time period.

So what is resilience and how did it come to be the word that is shaping our efforts? A working definition can be found in Webster’s Dictionary, defining resilience as “an ability to recover from or adjust easily to misfortune or change.” In an article published by *Emergency Management* magazine, the CRO of San Francisco provided an emergency-specific definition of resilience by stating that, “It’s how a city continues to thrive and bounce back from acute shocks and chronic stresses.” Another emergency-specific definition comes from the National Academies of Science 2012 text on disaster resilience, which states that resilience is “the ability to prepare and plan for, absorb, recover from, and more successfully adapt to adverse events.”

The overall concept of resilience has even found its way into the Center for Disease Control’s Public Health Preparedness Capabilities promulgated in 2011, with specific mention of community resilience efforts as undertaken by state and local health departments. This broad heading is then broken down into two subcategories — community preparedness and community recovery — highlighting the complicated nature of resilience. Additionally, several Department of Homeland Security grants, including the Intercity Passenger Rail - Amtrak (IPR) Program and the Homeland Security Grant Program (HSGP) specifically make mention of resilience efforts.

To get some additional perspective on the term’s emergence, more research was in order. Utilizing Google’s Ngram Viewer shows that, in English, the word “resilience” was hardly used until the mid-1990s and has climbed steadily in occurrence since then. A search of the Naval Postgraduate School Center for Homeland Security and Defense thesis database revealed that of all theses submitted in the master’s degree program from 2001 to 2010, the word “resilience” was used in the title 255 times. From 2010 to July 2015, it was utilized 422 times, again demonstrating a significant rise in the word’s use.

Excelling in resilience efforts isn’t easy and involves combining multiple initiatives and variables into a workable, comprehensive framework of deliverables that may eclipse a city and involve a county, region, state or even multiple states. Some of the more commonly reported challenges for the aforementioned CROs include developing resilience-specific goals and objectives, engaging the public in resilience efforts, combining preexisting data systems, and being the conduit to connect experts from both public and private sectors, as well as breaking down silos.

Additionally resilience will mean different things to different communities and areas. What may be a large hazard or threat identified in one area — say, the potential for earthquakes in San Francisco or flooding during a Nor’easter for an East Coast community — may not even be thought of for another community, and what may be considered recovery in one area can be defined differently elsewhere. These variables make the concept of resilience even more difficult to define and measure.

It should also be noted that even though there has been a focus on a community’s resilience, there are various institutions — hospitals and college campuses come immediately to mind — that must have systems in place to assure resilience during and post-disaster.

Possibly one of the best examples of this level of overall resilience can be taken from Israel. Not only do emergency responders have responsibilities during a disaster or crisis, but most citizens also take various classes in topics such as first aid/CPR, sheltering and emergency evacuation.

Additionally many of the hospitals in Israel have dedicated areas that are protected from the various threats the area faces and can be utilized when traditional facilities are damaged or otherwise unusable. In the United States, there are specific areas, such as Fairfax County, Va., and Los Angeles County, Calif., that have concentrated efforts on community resilience. However, as a society, these efforts toward a community-based approach are few and far between, with much to learn from examples like Israel.

It’s clear that the term “resilience” has become more than a word, but rather an emergency preparedness concept with staying power. The question now is how to assure that our emergency services agencies understand and incorporate the overall concepts of resilience into their existing emergency management framework, as well as assure the public understands their vital role in community resilience. The challenge cannot be overstated.







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*“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.”*

-Margaret Mead

**Deadline for submission of articles, photos and news for the next CERT Newsletter is :**

**September 20th.**

## **CERT BASIC COURSE**

**THE NEXT CERT BASIC COURSE WILL TAKE PLACE ON:  
OCTOBER 8TH, 15TH, 22ND, 29TH & NOVEMBER 5TH 12TH & 19TH  
SIGN UPS ARE ONGOING—CALL THE OFFICE WITH ANY QUESTIONS.**

**[OEMCERT@NASSAUCOUNTYNY.GOV](mailto:OEMCERT@NASSAUCOUNTYNY.GOV)**

*(Current CERT Members may attend any class as a refresher)*

