

The Nassau County PFC Dwyer Peer Support Project Presents... Our Annual Vet2Vet Fluke Fishing Trip!

Join us as we adventure out of Captain Lou's Fleet For a day of fishing and fun!

Friday July 31st 8am-1pm 28A Woodcleft Ave. Freeport NY 11520



Excursion Includes-

Bait, Tackle, Rod Rental & Parking
Light snacks will be provided
Please consider bringing a brown bag lunch!

All Veterans and a +1 Are Welcome! Please keep in mind that space is limited, therefore RSVP is required

Brent Russell #516-489-2322 x1312 or Rhea Spina x1260

Outdoor recreational activities are often thought of as a great form of therapy, in part due to the interaction of the calming effects of nature and the sport related challenges of fishing. It is often recommended that utilizing a combination of types of therapies proves beneficial when working on maintaining a balanced state of mental health and wellness.

The use of recreational therapies can create healthy settings for positive interaction,

competition and the reframing of past experiences!

<u>Directions - Click Here!</u>