

# Monday, May 20, 2024

Today's pool setup:

6 am-9 am: Long Course setup  
9 am-10:30 am: course change to Short Course setup (pool closed 9a-10:30a)  
10:30 am-9 pm: Short Course setup  
*All times and lane assignments are subject to change.*

Team / Group Use Schedule:

Excel Swimming: 6 am-9 am = Lanes 6-10

Pagonis Swim: 6 am-8 am = Lane 3

D I V E  B O A R D  E N D	1	LANE #10 (50 meter lane)	2	P	P	P	P	P	P	P		
	B U L K H E A D	LANE #9 (50 meter lane)		B U L K H E A D S	U	U	U	U	U	U	U	
		LANE #8 (50 meter lane)			L	L	L	L	L	L	L	
		LANE #7 (50 meter lane)			I	I	I	I	I	I	I	
		LANE #6 (50 meter lane)			C	C	C	C	C	C	C	
		LANE #5 (50 meter lane)			L	L	L	L	L	L	L	
		LANE #4 (50 meter lane)			A	A	A	A	A	A	A	
		LANE #3 (50 meter lane)			N	N	N	N	N	N	N	
		LANE #2 (50 meter lane)			E	E	E	E	E	E	E	
LANE #1 (50 meter lane)												
				#1	#2	#3	#4	#5	#6		RAMP	

Moveable  
Floor  
Section

Public/Member swim lane availability (6am-9am):

6 am-8 am = **8 lanes available** (Lanes 1-2, 4-5 & 4 public lanes available)  
 8 am-9 am = **10 lanes available** (Lanes 1-6 & 4 public lanes available)  
 9 am-10:30 am = **POOL CLOSED.....for course change**

Team / Group Use Schedule (short course setup after 10:30 am):

Hope Fitness: 3:30 pm-9 pm = Public lane #6  
 L.I. Aquatic Club: 4:30 pm-8 pm = Lanes 1-10  
 Camp Evals: 4:30 pm-8 pm = Public lane 1  
 Queens Aquatic Club: 6 pm-7:30 pm = Dive lanes 1-4  
 Long Island Diving: 7 pm-9 pm = 1 meter dive boards only (dive lanes 6-8)  
 Total Masters: 7:45 pm-8:45 pm = Dive lanes 1-4

D I V E  B O A R D  E N D	1	LANE 10	2	P	P	P	P	P	P	P	P	P	P		
	B U L K H E A D	LANE 9		B U L K H E A D S	U	U	U	U	U	U	U	U	U	U	
		LANE 8			L	L	L	L	L	L	L	L	L		
		LANE 7			I	I	I	I	I	I	I	I	I		
		LANE 6			C	C	C	C	C	C	C	C	C		
		LANE 5			L	L	L	L	L	L	L	L	L		
		LANE 4			A	A	A	A	A	A	A	A	A		
		LANE 3			N	N	N	N	N	N	N	N	N		
		LANE 2			E	E	E	E	E	E	E	E	E		
LANE 1															
				#1	#2	#3	#4	#5	#6	#7	#8		RAMP		

Moveable  
Floor  
Section

Public/Member swim lane availability (10:30a-9p):

10:30 am-3:30 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)  
 3:30 pm-4:30 pm = **23 lanes available** (Lanes 1-10, DL 1-8 & public lanes 1-5 available)  
 4:30 pm-6 pm = **12 lanes available** (Dive lanes 1-8 & public lanes 2-5 available)  
 6 pm-7 pm = **8 lanes available** (Dive lanes 5-8 & public lanes 2-5 available)

**At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.**

7 pm-8 pm = **7 lanes available** (Dive lane 5 & public lanes 2-5, 7-8 available)  
 8 pm-8:45 pm = **18 lanes available** (Lanes 1-10, Dive lane 5 & public lanes 1-5, 7-8 available)  
 8:45 pm-9 pm = **22 lanes available** (Lanes 1-10, DL 1-5 & public lanes 1-5, 7-8 available)  
*All times, availability and lane assignments are subject to change.*