

Parent Resources and Support List

Emotional Support

- **South Nassau Mental Health Counseling**

2277 Grand Avenue Baldwin, NY 11510

516-377-5400

<https://www.southnassau.org/sn/mental-health-counseling>

- **South Shore Counseling**

South Shore counseling's provides counseling and psychological services for individuals, children, and families.

1051 Wantagh Avenue Wantagh, NY 11793

516-785-0323

<http://www.southshorecounselingonline.com/home.html>

- **New Horizon Counseling Center**

50 West Hawthorne Avenue Valley Stream, NY 11580

516-569-6600

The organization provides assistance in but not limited to development disabilities services, day treatment programs, school-based programs.

www.nhcc.us

- **North Shore Child & Family Guidance Center**

480 Old Westbury Road Roslyn Heights, NY 11577

516-626-1971

www.northshorechildguidance.org

Comprehensive psychological and psychiatric evaluations and services for children and families.

- **South Shore Child Guidance Center-**

Outpatient Mental Health Clinic.

91 Guy Lombardo Avenue Freeport, NY 11520

516-868-3030

- **Parent to Parent of NYS**

www.parenttoparentNYS.org

Parent to Parent will connect inquiring parents with another parent or set of parents who share children with common dx or developmental concerns.

- **LIPC-Long Island Parent Center/Early Childhood Direction Center**

LIU /Post -Brookville NY 516-413-8229

Provides information about programs and services for young children birth –age 5.

Concrete Resources and Information Support

- **Help Me Grow – Long Island**

www.docsfortots.org or mail at info@hmgli.org

548-8924 OR dial 2-1-1, select your language, then press 7 for Help Me Grow

Free resource connecting families and providers to community resources and child development information in Nassau and Suffolk counties.

Parent Resources and Support List

- **New York State office of Children and Families (OCFS)**

www.ocfs.ny.gov

The agency provides a system of family support, juvenile justice, child care and child welfare services that promote the safety and well-being of children and adults.

- **Child Care Council of Nassau, Inc.**

www.childcarenassau.org

99 Quentin Roosevelt Blvd., Suite 201 Garden City, NY 11530

516-358-9288 or 800-233-3020

CCCN maintains a database of over 1,000 child care options and can offer information and counseling on evaluating and choosing child care. CCCN can refer parents to workshops on a variety of topics, from how to choose child care to elements of good parenting.

- **Zero to Three**

www.zerotothree.org

Provides information, resources, practical tools, and responsive policies for parents, professionals and policymakers.

- **Nassau County Department of Social Services (DSS) General Information**

516-227-8519; After-Hours Services: 516-573-8626 – provides aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplement Nutrition Assistance Program, Medicaid, and Home Energy Assistance Programs.

- **The New York State Office for People With Developmental Disabilities (OPWDD)**

<http://www.opwdd.ny.gov>

Responsible for coordinating services for New Yorkers with developmental disabilities, including intellectual disabilities, Cerebral Palsy, Down Syndrome, Autism Spectrum Disorder, and other neurological impairments.